

## Sliding Fee Scale Rate and Agreement

In an attempt to make the cost of therapy more equitable, my hourly rate varies by household income. This does not adequately address systemic issues of income inequality or healthcare costs, but the following chart is my attempt to balance acknowledgement of these factors alongside the financial needs of my own family.

Rate per 50 minute session	Yearly Household Income with No Dependents	Yearly Household Income with 1 Dependent	Yearly Household Income with 2 Dependents	Yearly Household Income with 3 Dependents	Yearly Household Income with 4 Dependent	Yearly Household Income with 5 Dependents
\$160	\$47,000 or higher	\$67,000 or higher	\$87,000 or higher	\$107,000 or higher	\$127,000	\$147,000
\$150	\$43,500	\$63,500	\$83,500	\$103,500	\$123,500	\$143,500
\$140	\$40,000	\$60,000	\$80,000	\$100,000	\$120,000	\$140,000
\$130	\$36,500	\$56,500	\$76,500	\$96,500	\$116,500	\$136,500
\$120	\$33,000	\$53,000	\$73,000	\$93,000	\$113,000	\$133,000
\$110	\$29,500	\$49,500	\$69,500	\$89,500	\$109,500	\$129,500
\$100	\$26,000	\$46,000	\$66,000	\$86,000	\$106,000	\$126,000
\$90	\$22,500	\$42,500	\$62,500	\$82,500	\$102,500	\$122,500
\$80	\$19,000 or lower	\$39,000 or lower	\$59,000 or lower	\$79,000 or lower	\$99,000 or lower	\$119,000 or lower

Rate per 90 minute session	Yearly Household Income with No Dependents	Yearly Household Income with 1 Dependent	Yearly Household Income with 2 Dependents	Yearly Household Income with 3 Dependents	Yearly Household Income with 4 Dependent	Yearly Household Income with 5 Dependents
\$240	\$47,000 or higher	\$67,000 or higher	\$87,000 or higher	\$107,000 or higher	\$127,000	\$147,000
\$225	\$43,500	\$63,500	\$83,500	\$103,500	\$123,500	\$143,500
\$210	\$40,000	\$60,000	\$80,000	\$100,000	\$120,000	\$140,000
\$195	\$36,500	\$56,500	\$76,500	\$96,500	\$116,500	\$136,500
\$180	\$33,000	\$53,000	\$73,000	\$93,000	\$113,000	\$133,000
\$165	\$29,500	\$49,500	\$69,500	\$89,500	\$109,500	\$129,500
\$150	\$26,000	\$46,000	\$66,000	\$86,000	\$106,000	\$126,000
\$135	\$22,500	\$42,500	\$62,500	\$82,500	\$102,500	\$122,500
\$120	\$19,000 or lower	\$39,000 or lower	\$59,000 or lower	\$79,000 or lower	\$99,000 or lower	\$119,000 or lower

\*\*\*For households with more than five dependents, the household income limits increase by \$20,000 per dependent (such that the 50 minute session fee for a family with seven dependents would be \$80 if their household income was \$159,000 or lower).

\*\*\*For family/relational/couples therapy involving multiple adults from different households, the session fee will be calculated by dividing up the base fee (\$160) by the number of participants from different households and applying the chart above for each participant from a different household. For example, let's say two adults, Mike and Leon, from different households are in couples therapy. Mike has one dependent and a household income of \$65,000. Leon has no dependents and a household income of \$35,000. Mike's portion of the fee would be \$75 and Leon's would be \$60 for a total session fee of \$135. How this session fee is paid for (divided between Mike and Leon, Leon always pays, Mike always pays, etc.) is decided by the participants themselves.

**To make this sliding fee scale fair for all clients, you must submit verification of income (a paystub or tax document) to access a reduced rate. If your income changes significantly, please inform me so that the fee can be adjusted up or down. I cannot reduce the session fee without verification of income, please show me a document prior to or during the first session in which you are needing a reduced rate.**